

KOG Connection—October 2018

Pastor's Corner...

Dear King of Glory family and friends,

Happy October King of Glory! September was a full month of ministry! We had a fabulous "God's Work. Our Hands" Sunday with lots of projects completed at the Huntington Beach Youth Shelter, food collected for Lutheran Social Services to hand out to the hungry, and backpacks prepped for students in need. What an awesome effort! In addition to all that, we had yet another week of Family Promise, where we host families transitioning out of homelessness into sustainable housing, and we received such a heartfelt thank you note from one of those families. They were truly touched by your kindness and generosity. Last but not least, we continued with our ministry of King's Kitchen where we provide free meals to anyone needing to satisfy their hunger of body or spirit. It was a fantastic month of being Christ's hands and feet for our community.

Looking back on September there were also a couple changes that I wanted to share with you, which you may not have been aware of. First, we hired a new bookkeeper, Denice Mills. She is helping us out as Council considers a possible reconfiguration of current staffing structures and prepares a possible search process for a new permanent bookkeeper. Also, we expanded the preschool, yet again! We have now expanded to meet the needs of families seeking care for their infants with a new infant room. This is located in the South side of the Fellowship Center. As some of you may know, affordable infant daycare is a huge need in our community, so we pray that this small effort can help more families meet that need and provide us more opportunities to share Christ.

Looking ahead to this month, there's a couple fun and exciting things to take note of. First, we are going to be starting our fall Stewardship Campaign!!! (And yes, that is fun and exciting! 😊) This year our theme is "We Are Church" and worship will consist of a couple Sundays of plays featuring KOG members (so many talented thespians in our midst!), and it will culminate on Sunday, November 4, with our annual Commitment Sunday Worship and Celebration Lunch. You'll be getting a letter with more information in a couple weeks so please watch for it, and remember to RSVP for the lunch. It will once again be catered by Chef Chad. We have yet to decide on the menu but it may consist of things like "Shrimp and Rockfish Etouffee" or "Bacon Wrapped Pork Loin", so you're not going to want to miss it.

Secondly, Sunday, Oct. 28 is Reformation Sunday where we will confirm our 9th grade Confirmation Students and hear their faith statements. This is such a powerful and meaningful day in the life of the congregation. Please come and support these students on their ongoing journey of faith. Plus, afterward we will have our traditional Fall Festival, so we hope you will be able to join us for it as well.

In closing, I just want to leave you with a quote that I used in my sermon this last month. It has really stuck with me and a couple folks mentioned that it touched them too. "Being a Christian and following Christ means that if you've been more fortunate than others, build a longer table, not a taller fence." A longer table not a taller fence. Such a great illustration. Looking back through

September, we really expanded our table here at KOG by welcoming and serving those in need around us. I pray that in this month of October, we will be just as blessed with such amazing opportunities to be the hands, feet and heart of Christ in our community and world.

Serving with you,
In Christ,
Always,
Pastor Kinndlee

Youth On The Go, Grow & Know...

#kogkids October 2018

Every Week

ALL Ages

Sundays: Services at 8:00 am and 10:30 am

Elementary Kids' Time during the 10:30 am service

Check out our "Pray-Ground" in the front row of the sanctuary. This is an area for toddlers and preschool children to play quietly while being surrounded with worship.

Wednesday Nights:

Youth Group: 6:30-8:30 pm

Middle School (Confirmation): 5:30-7:30 pm

How to find out more information

- Church newsletter
- Weekly Connection
- Social Media—#kogkids
- Contact Amanda by text 714.604.3373 or email kogkids@gmail.com

Preschool News!

Please visit our website calendar for future dates and more information. <https://kogchurch.org/preschool/>

October Dates to Remember:

5th - grandparents day 10:30 am-Noon

11th - back to school night @6:30 pm

18th - school closed, teacher in-service day

25th & 26th - free vision screening 3-6yrs

28th - Fall Festival & preschoolers singing at 10:30 am service

Coming soon:

Fall fundraiser of See's & Cookie Dough

KOG t-shirt orders

Looking for the following donations for infant room: activity play mats, bumbos, boppy pillows and receiving blankets (items can be slightly used)

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Athinia Huber, Preschool Director



From the Choir Director

It's time for singing! The Sanctuary Choir is coming back, and we need YOU! Yes, YOU! Don't read music? Not a problem! We always have a great time singing together in church. Why not have even more fun singing in choir, too? Rehearsals have started in the Choir Room from 7:30–9 pm on Thursdays. Don't be shy! Come by and see what singing in choir is like. There are no auditions, and you don't need to bring anything except yourself. Please contact me if you have any questions or concerns – I would love to hear from you! Cell: 714.803.7553 – Call/Text available
Email: kbadertscher08@apu.edu Katie Badertscher, Choir Director

Adult Education...

Sunday Adult Education Class:

Pastor Lund is continuing to lead an adult education Bible class focusing on each Sunday's scriptures in the Fellowship Hall Library at 9:30 am.

Men's Bible Study:

The Men's Bible Study group meets on Wednesday evenings at 7 pm. Join us in the Fellowship Center Library. Please call Alan Marcum at 714.328.9968 or send an email to wb6rqm@gmail.com if you have any questions.

Women's Fellowship, Prayer Group and Bible Study:

The Women of Spiritual Character meet every Wednesday afternoon at 1:30 pm in Little Ed. Our current study is Daily Discipleship, which is based on Sunday's lectionary texts. For those who do not like to go out at night, this can be an alternate means for continuing with a Bible Study. Contact Debbie Bise at 714.963.3099 with any questions. All are welcome!

Women of the ELCA Events...

(Information regarding Women's Ministry)

WELCA Board Meeting:

Next Board Meeting is Monday, October 8, at 7 pm in Little Ed.



Events and Dates to Remember:

Joy Circle: Monday, October 22, 9:30 am, in Little Ed.

Faith Circle: Saturday, October 27, 10 am, at the home of Linda Arnett.

****The WELCA study magazine is Gather****

The subscription office can be reached by calling 800.328.4648 or

<http://www.womenoftheelca.org/gather-magazine-pages-49.php>

Cost: \$19.95 for 1 year/10 issues (free digital access)

General Ministry News...

From the Prayer Warriors:

Everyone is invited to join us on Mondays at 4:30 to raise up names of those in need. Come if you can we can always use more voices. Bring your Bible to school day is a national event on October 4.

For positive encouraging religious music tune in to 100.3 FM!!!

Honoring Our Veterans

Our congregation is interested in honoring our members that have served our country in the armed forces. This recognition will be on Veterans Day, November 11, 2018.

We are seeking information from each veteran, or their family member, to inform our congregation about their service. There is a post on our website where you can find a link to a fillable Acrobat form for completion and submission. Also, there are copies of the form in the Welcome Place.

Please submit the completed form to the Church Office or email it to Alan Marcum at wb6rqm@gmail.com. Thank you!

"The King's Kitchen" Community Meals Outreach:

"But if anyone has the world's goods and sees his brother in need, yet closes his heart against him, how does God's love abide in him?" 1 John 3:17

Volunteers and donations are needed for our upcoming King's Kitchen Community Outreach Meal on Thursday, October 18. Cooking and set up begin at 4:00 p.m. and we are wrapped up by 8:00 pm. Our guests are with us from 5:30 to 7:00 pm. Your presence will be a blessing to you and others!

Please support our BLESSINGS TABLE with donations of personal hygiene items, household cleaners and socks. All may be dropped off in our collection basket in the narthex. Our most urgent needs are for laundry detergent, dark color tarps, aftershave, men's deodorant, and sleeping bags. You can find more details in our binder in the Welcome Place kiosk. This ministry occurs on the 3rd and 5th Thursday of each month, so please plan to join us when you are available. Please also consider activating one of your Thrivent Action Teams to cover the cost of food and supplies. Please see Karen Wallace for questions.

John Borack: 714.716.7780 / popdude@aol.com

Karen Wallace: 714.501.2807 / wallacepark@sbcglobal.net

Karla Bjorklund: 714.757.3134 / uccolor2@gmail.com

Peace and Blessings!

What Is Christian Meditation? (By Deacon Lynne Prechel):

But I still my soul and make it quiet, like a child upon its mother's breast; my soul is quieted within me. (Psalm 131:3)

We may think of prayer as thoughts or feelings expressed in words. But this is only one form of prayer. There are many expressions of prayer. Christian meditation is the opening of the mind and heart – our whole being – to God, the Ultimate Mystery, beyond thoughts, words and emotions. We open our awareness to God whom we know by faith is within us, closer than breathing, closer than thinking, closer than choosing – closer than consciousness itself. This type of prayer, also known as contemplative prayer, is a process of interior purification leading, if we consent, to divine union. You are invited to join a Christian meditation group (Contemplative Christian Communities) on Thursday nights from 7:30-8:45 pm in the KOG sanctuary. We've been meditating together for over two decades and will help you get started by providing verbal instruction and printed directions for your use at home. Interested? Use the information below to try it out for yourself!

Explanation of the Guidelines

1. Choose a sacred word. Examples: *Lord, Jesus, Abba, Father, love, peace, mercy, etc.*
2. Or choose the Jesus Prayer: *Lord Jesus Christ, have mercy on me.*
3. Do not change the sacred word during the prayer period, for that would be to start thinking again.
4. Sit comfortably with back straight and body supported, eyes closed.
5. Turn your gaze inward upon God. Introduce the sacred word inwardly and as gently as laying a feather upon a piece of cotton.
6. When you become aware of thoughts, return gently to the sacred word. "Thoughts" are every perception including sense perceptions, feelings, images, memories, reflections and commentaries. Thoughts are a normal part of this prayer and will pop up frequently.
7. During the course of our prayer, the sacred word may become vague or even disappear. This is normal.
8. At the end of the prayer period, remain in silence with eyes closed for a couple of minutes.

Some Practical Points

1. Minimum time for this prayer is 15-20 minutes. Two periods are recommended each day, one early in the morning, and one in the afternoon or evening.
2. You may use a timer with a gentle alarm sound (try Insight Timer, a free app for cell phones).
3. The principal effects of meditation are experienced in daily life, not in the period of prayer itself.
4. Physical symptoms may include slight pains, itches or twitches in the body, a restless feeling, or a slight heaviness or lightness in the extremities. In either case, pay no attention, or allow the mind to rest briefly in the sensation, and then return to the sacred word.
5. A weekly support group praying and sharing together once a week helps maintain one's commitment to the prayer.

What Centering Prayer is not:

- a. It is not a relaxation exercise, a form of self-hypnosis, or a para-psychological experience.
- b. It is not a charismatic gift.
- c. It is not limited to the "felt" presence of God.
- d. It is not discursive prayer with spoken words.

What Centering Prayer is:

- a. It is at the same time a relationship with God and a discipline to foster that relationship.
- b. It is an exercise of faith, hope, and love.
- c. It is a movement beyond conversation with Christ to communion.
- d. It habituates us to the language of God, which is silence.

Do you have questions?

If so, email Deacon Lynne Prechel at lynne@fanfaremusic.net. Or - call her at home 714.966.0124.

King of Glory Stephen Ministry:

Our Stephen Ministers are ready to provide you with the confidential, one-to-one Christian care you need to make it through a crisis or help you through a difficult time.

For more information on receiving a Stephen Minister or if you desire to be trained as a Minister, please contact Pastor Kinndlee @ 714.963.5649, Lorrie Blain @ 949.631.4700 or Deenna Eley @ 714.580.3743.

KOG Weekly Food Donations:

The need for weekly food donations to feed the homeless and low-income families in our community continues to grow. The Lutheran Social Services food pantry in Garden Grove has indicated that food donations of any size would be greatly appreciated. Please continue to bring your weekly donations of canned foods, etc. to church on Sunday.

Grief Loss Groups Available:

At one time or another, everyone suffers an emotional loss that produces pain, loneliness, fear, depression, anger or all five at once. The death of a spouse; the loss of a child, parent, or loved one, the end of a marriage, a career or your independence, a health issue that changes every part of your life. In moments like these, consolation, empathy and sensitivity are crucial. Grief and Loss Support Groups provide a safe, healing, loving and hope-filled setting where those who are hurting and aching can share in the presence of people who listen, understand and who genuinely care. You **must** be registered prior to attending. ***You may register and join at any time.***

To register: call Maxine Abbott at 714.534.6450 or email: mabbott@LSSCommunityCare.org

Location: Redeemer Lutheran Church, 13564 St. Andrews Drive, Seal Beach

Time: 1:00 pm-3:00 pm Fridays, with time for individual help

Cost: \$10 per session; \$60 for 8 sessions (10-12 people per group)

Thrivent Action Team Bulletin Board:

We would like to leverage Thrivent Financial Action Team dollars by matching up the needs of our congregation and our community with the passion of our KOG Members (and especially those who are Thrivent Members).

We would also love to know how Action Team dollars are spent and what ministries they support, both within King of Glory and within our greater community. We are asking that those who participate in Thrivent Action Teams self-report to the church office. We would be glad to keep your name confidential if that is your choice. We would love to hear about the projects supported by our King of Glory members with the help of Thrivent's generosity.

If you have any questions, please contact Karen Wallace or Catherine Fullerton.

King of Glory Recycles:

Used Ink Cartridges and Eyeglasses! Place them in the Welcome Place.

Other Upcoming Events...

Facility Task Force Meeting—October 9:

The Facility Task Force meets on the Tuesday before Property Work Day at 7:00 pm in the Conference Room. This task force is charged with the oversight of projects, major repairs, and equipment replacement on our KOG campus. The task force is always looking for new partners in this ministry. If you are interested, please join us!

Property Work Day—October 13:

The start time is 9:00 am, and things wrap up around noon. We meet in Little Ed for donuts, coffee and work assignments. We are hopeful our younger members will take time to join us once a month as we continue to keep our facility prepared for both worship and community group meetings held for people of all ages.

Single Sisters in Christ Covenant Group—October 14:

Single Sisters of Christ covenant will be meeting on October 14th in Big Ed after second service. Discussion will be on Chapter 8 of Max Lucado's book *He Still Moves Stones*. Bring your lunch and join in the discussion. New members always welcome.

"The King's Kitchen" Community Meals Outreach—October 18:

5:30 pm – 7 pm. Volunteers are needed, so please consider lending a hand, whether it's helping to prepare a meal, shopping, serving, greeting, cleaning up, or being a table host chatting with our guests.

Newsletter Deadline—October 24:

The deadline to submit articles for the November newsletter is Wednesday, October 24. Please be sure to send your articles regarding ministry events to newsletter@kogchurch.org or drop them by the church office.

Saved by Grace Covenant—October 27:

Saved by Grace Covenant will meet on Saturday, October 27, at 5:00 p.m. at the home of the Osterodes (please note DATE and STARTING TIME CHANGE). We will start the evening with our potluck dinner (please bring a dish to share), followed by our continuing study of John MacArthur's *Revelation, The Christian's Ultimate Victory*.

Have a blessed month of October!

Heather Justine Stolte

Office.manager@kogchurch.org

October Birthdays...

Bobbie Miller	1
Courtney Keith	1
Dan Shaffer	2
Glenn Hoxie	5
Tom Fitzsimmons	10
Susan Grihalva	11
Edwin Ignacio	13
Ted Andersen	15
Doris Marilyn Williams	16
Karin Lengsfeld	17
Kristin Vercnocke	19
Muriel Fitzsimmons	20

Art Cole	20
Hannah Fuhrman	21
Wayne Anderson	24
Michele Elvander	25
Vicki Murrell	26
Sharon Windhorst	27
Linda Wight	27
Judy Doty	27
Peggy Nance	28
Dave Arnett	29
Johnita Tyson	30
Shahara Jacobs	31

Happy Birthday!!

...and Anniversaries

Morgan and Kristeena Ellson 9 years on October 10
Bob and Pam Flowers 47 years on October 15

Harry and Ann Klitzner 62 years on October 20
Sam and Catherine Fullerton 8 years on October 23

Happy Anniversary

If we have missed your October birthday (25 years or more) or anniversary, please contact the church office.