

# ***KOG Connection—August 2018***

## ***Pastor's Corner...***

Dear King of Glory family and friends,

We are currently in what pastors and theologians sometimes refer to as “The Bread of Life” cycle in our Sunday lectionary readings. You may not realize this, since at King of Glory we are doing different scriptures for our Film and Faith series, but most Lutheran churches are reading Gospel lessons from John 6 every week—a whole series of readings where Jesus continually talks about being the Bread of Life. This series begins with John 6: 1-21 and the story of Jesus feeding the 5,000 (a familiar tale for many of you). In this story, the disciples see crowds of hungry people, a lack of resources, and a setting sun—all reasons for dismay. But Jesus sees things differently. He sees a boy with a few loaves and fish and a God of abundance.

So often, when we look at our world, we see scarcity. It's our nature. We let fear and worry shade our gaze. We look at our lives and see what we lack. We look at our paychecks and dream of what we could do if we had more. We look at our society and its politics and throw up our hands in disgust, resolving ourselves to the idea that things only go from bad to worse. I've heard murmurs of this “scarcity” thinking amongst our members, and to be honest, at times I've heard it in my own heart. It is powerful. It's also come up in our Sunday and Wednesday discussions of the ELCA's statement on “Faith, Sexism and Justice.” People on all sides feel fed-up and powerless. But that's where bible stories like the feeding of the 5,000 can be so empowering. When Jesus looks at us—our ego-driven lives, our hardened hearts, and our outrage obsessed culture—he doesn't say, “Oh well, send 'em home. Nothing more can be done.” No, Jesus says, “Bring me the loaves and fish. Bring me the morsels of goodness. Bring me the glimmers of love, for I serve a God of abundance.” And from our measly offering, our crumbs of faith, Jesus brings about a feast of hope and a Kingdom that offers joy and peace to all.

Sisters and brothers, we too serve a God of abundance. Never give up hope that God is working miracles in the midst of despair and frustration. Never close your minds and hearts to the chance to see and experience what new thing God is doing. Never put up with dissatisfaction or dismay, for through faith in Jesus Christ, our hearts and minds can always find their fill of joy in the present moment and the promise of an abundant future. Speaking of an abundant future, I hope you'll be able to join us this month for some exciting happenings at KOG. We begin with a guest preacher from Minnesota who is on a West coast book tour, Rev. Ruth Hetland. Then we finish our Faith and Film sermon series (having bumped The Wizard of Oz due to our surprise guest preacher) with the following film schedule:

**Aug. 12:** The Shack --- **Aug. 19:** Star Wars: The Last Jedi --- **Aug. 26:** Wonder

We ended July with a fabulous week of VBS, and we'll end August with a Backpack & Briefcase Blessing to kick-off the school year. May your days be filled with new reasons to rejoice and be glad, and may you see that your basket is full with God's goodness.

Serving with you in Christ,

Pastor Kinndlee

# Youth On The Go, Grow & Know...

#kogkids August 2018

## Every Week

ALL Ages

**Sundays:** Services at 8:00 am and 10:30 am

Elementary Kids' Time during the 10:30 am service

Check out our "Pray-Ground" in the front row of the sanctuary. This is an area for toddlers and preschool children to play quietly while being surrounded with worship.

## Wednesday Nights

Youth Group 6:30-8:30 pm

Middle School (Confirmation) 5:30-7:30 pm

## How to find out more information

- Church newsletter
- Weekly Connection
- Social Media—#kogkids
- Contact Amanda by text 714.604.3373 or email [kogkids@gmail.com](mailto:kogkids@gmail.com)

## **Preschool News!**

Please visit our website calendar for future dates and more information. <https://kogchurch.org/preschool/>

### **Dates to Remember:**

August 6 – Little Chefs week

August 13 – Teddy Bears week

August 15 – Parent Orientation

August 20 – Tacky Wacky week

August 28 – Soo Long Summer week



Currently taking registration for infant room that will be starting September 4th. Call or stop by the Preschool or visit our website listed above. Athinia Huber, Preschool Director

## **From the Choir Director**

There will be no choir rehearsal during the summer months but occasionally Special Music will be shared on Sunday mornings. If you would like to provide special music or if you have any questions about the choir, please contact me at 714.803.7553, or by email: [kbadertscher08@apu.edu](mailto:kbadertscher08@apu.edu). Katie Badertscher, Choir Director

## **Adult Education...**

### **Sunday Adult Education Class:**

Pastor Lund is continuing to lead an adult education Bible class focusing on each Sunday's scriptures in the Fellowship Hall Library at 9:30 am.

### **Men's Bible Study:**

The Men's Bible Study group meets on Wednesday evenings at 7 pm. Join us in the Fellowship Center Library. Please call Alan Marcum at 714.328.9968 or send an email to [wb6rqm@gmail.com](mailto:wb6rqm@gmail.com) if you have any questions.

**Women's Fellowship, Prayer Group and Bible Study:**

The Women of Spiritual Character meet every Wednesday afternoon at 1:30 pm in Little Ed. Our current study is Daily Discipleship, which is based on Sunday's lectionary texts. For those who do not like to go out at night, this can be an alternate means for continuing with a Bible Study. Contact Debbie Bise at 714.963.3099 with any questions. All are welcome!

***Women of the ELCA Events...***

*(Information regarding Women's Ministry)*

**WELCA Board Meeting:**

Next Board Meeting is Monday, September 10, at 7 pm in Little Ed.



**Events and Dates to Remember:**

**Joy Circle:** Monday, August 27, 9:30 am, in Little Ed.

**Faith Circle:** Saturday, August 25, 10 am, at the home of Linda Arnett.

**\*\*The WELCA study magazine is Gather\*\***

The subscription office can be reached by calling 800.328.4648 or <http://www.womenoftheelca.org/gather-magazine-pages-49.php>

Cost: \$19.95 for 1 year/10 issues (free digital access)

***General Ministry News...***

**From the Prayer Warriors:**

Whether heading out on your daily commute or business trip, vacation or visiting with loved ones, it's important always to pray before traveling:

*Oh God, our heavenly father, whose glory fills the whole creation, and whose presence we find wherever we go: Preserve those who travel; surround them with your loving care; protect them from every danger; and bring them in safety to their journeys end; through Jesus Christ our Lord. Amen.*

KOG is a praying church. Every Monday at 4:30 pm we meet to lift up names to God of those in need. Anyone can join us! We rejoice when we can praise God for the healing of those on our lists. So please keep sending in the names of those who you are concerned over. BUT remember to let us know when recovery takes place, so we can praise too. Thank you.

**Council Submission—Youth Liaison:**

King of Glory youth participated in the 2018 Youth Gathering in Houston Texas led by the enthusiasm and spirit of Amanda Pulos. The annual youth gathering is a four-day event which takes place every three years in different locations across the nation; this year, in Houston, Texas, 31,000 youth gathered from all over the world. Each day of the event is a day filled with learning, worshiping, and fellowship; each participant has a chance to grow in the spirit of God.

Our KOG youth not only grew in the spirit of God, but they also reflected growth in a deeper sense in that they were able to look in their hearts and find their God-given talents. Their truest selves emerged as the days progressed with their being silly, being fun loving, being caring and being the intelligent, sensitive, souls they have always been but may not have revealed. Our "youthers" are the church of today, right now, and want to make a difference.

KOG youth discussed, their calling, their love of Christ, their hope in Christ, their grace in Christ and reflected an understanding that they want to live the qualities of faith.

KOG made plans and commitments to: (a) get MAD (Make a Difference), (b) not apologize for their faith recognizing that they are "magnificently imperfect," (c) understand not what

they would die for, but what they would live for, (d) breakup the stereotyping of groups such as LBTG, (e) not listen to the negative voices but to listen to the voice of God and not be crippled by negativity.

The KOG youth want to do a “youth” service led by the KOG youth with KOG as well as another church. The service would include: a youth sermon, an interactive sermon and a youth outreach into the community. They plan with Love, Grace and Hope. And most importantly, they want a “space” in the church where they can meet, plan and discuss unencumbered by piles of things that are left there for an anticipated event or an event that is going to happen. What a wonderful group of young Christians who so want to make a difference and who deserve our admiration and respect.

Bob Stolte, Youth and Family Ministry Liaison

**“The King’s Kitchen” Community Meals Outreach:**

***“But if anyone has the world's goods and sees his brother in need, yet closes his heart against him, how does God's love abide in him?” 1 John 3:17***

Our July King’s Kitchen was held on July 14th. Sixteen volunteers graciously hosted 56 guests that evening, including three Family Promise families who were being hosted at KOG that week. In addition to our Blessings Table, we have implemented a Door Prize Drawing for larger items, such as sleeping bags, tote bags and gift cards. What joy it is to not just provide a meal, but relationship, compassion, community and kindness. With each new event, we have new volunteers and guests; each being added to our ever-growing circle of friends and ministry.

A grant from the Pacifica Synod to King’s Kitchen was used to purchase a commercial ice machine that is being installed in the Big Ed Kitchen this month. Beyond its use by King’s Kitchen, we hope it will be a blessing to all ministries on our campus.

Volunteers and donations are needed for our upcoming King’s Kitchen Community Outreach Meal on Thursday, August 16 and 30. Cooking and set up begin at 4:00 p.m. and we are wrapped up by 8:00 pm. Our guests are with us from 5:30 to 7:00 pm. Your presence will be a blessing to you and others!

Please support our BLESSINGS TABLE with donations of personal hygiene items, household cleaners and socks. All may be dropped off in our collection basket in the narthex. Our most urgent needs are for laundry detergent, dark color tarps, aftershave, men’s deodorant, and sleeping bags. You can find more details in our binder in the Welcome Place kiosk. This ministry occurs on the 3rd and 5th Thursday of each month, so please plan to join us when you are available. Please also consider activating one of your Thrivent Action Teams to cover the cost of food and supplies. Please see Karen Wallace for questions.

John Borack: 714.716.7780 / [popdude@aol.com](mailto:popdude@aol.com)

Karen Wallace: 714.501.2807 / [wallacepark@sbcglobal.net](mailto:wallacepark@sbcglobal.net)

Karla Bjorklund: 714.757.3134 / [uccolor2@gmail.com](mailto:uccolor2@gmail.com)

Peace and Blessings!

**What Is Christian Meditation? (By Deacon Lynne Prechel):**

*But I still my soul and make it quiet, like a child upon its mother's breast; my soul is quieted within me. (Psalm 131:3)*

We may think of prayer as thoughts or feelings expressed in words. But this is only one form of prayer. There are many expressions of prayer. Christian meditation is the opening of the mind and heart – our whole being – to God, the Ultimate Mystery, beyond thoughts, words and emotions. We open our awareness to God whom we know by faith is within us, closer than breathing, closer than thinking, closer than choosing – closer than consciousness itself. This type of prayer, also known as contemplative prayer, is a process of interior purification leading, if we consent, to divine union. You are invited to join a Christian meditation group (Contemplative Christian Communities) on Thursday nights from 7:30-

8:45 pm in the KOG sanctuary. We've been meditating together for over two decades and will help you get started by providing verbal instruction and printed directions for your use at home. Interested? Use the information below to try it out for yourself!

### **Explanation of the Guidelines**

1. Choose a sacred word. Examples: *Lord, Jesus, Abba, Father, love, peace, mercy, etc.*
2. Or choose the Jesus Prayer: *Lord Jesus Christ, have mercy on me.*
3. Do not change the sacred word during the prayer period, for that would be to start thinking again.
4. Sit comfortably with back straight and body supported, eyes closed.
5. Turn your gaze inward upon God. Introduce the sacred word inwardly and as gently as laying a feather upon a piece of cotton.
6. When you become aware of thoughts, return gently to the sacred word. "Thoughts" are every perception including sense perceptions, feelings, images, memories, reflections and commentaries. Thoughts are a normal part of this prayer and will pop up frequently.
7. During the course of our prayer, the sacred word may become vague or even disappear. This is normal.
8. At the end of the prayer period, remain in silence with eyes closed for a couple of minutes.

### **Some Practical Points**

1. Minimum time for this prayer is 15-20 minutes. Two periods are recommended each day, one early in the morning, and one in the afternoon or evening.
2. You may use a timer with a gentle alarm sound (try Insight Timer, a free app for cell phones).
3. The principal effects of meditation are experienced in daily life, not in the period of prayer itself.
4. Physical symptoms may include slight pains, itches or twitches in the body, a restless feeling, or a slight heaviness or lightness in the extremities. In either case, pay no attention, or allow the mind to rest briefly in the sensation, and then return to the sacred word.
5. A weekly support group praying and sharing together once a week helps maintain one's commitment to the prayer.

### **What Centering Prayer is not:**

- a. It is not a relaxation exercise, a form of self-hypnosis, or a para-psychological experience.
- b. It is not a charismatic gift.
- c. It is not limited to the "felt" presence of God.
- d. It is not discursive prayer with spoken words.

### **What Centering Prayer is:**

- a. It is at the same time a relationship with God and a discipline to foster that relationship.
- b. It is an exercise of faith, hope, and love.
- c. It is a movement beyond conversation with Christ to communion.
- d. It habituates us to the language of God, which is silence.

### ***Do you have questions?***

*If so, email Deacon Lynne Prechel at [lynne@fanfaremusic.net](mailto:lynne@fanfaremusic.net). Or - call her at home 714.966.0124.*

### **King of Glory Stephen Ministry:**

Our Stephen Ministers are ready to provide you with the confidential, one-to-one Christian care you need to make it through a crisis or help you through a difficult time.

For more information on receiving a Stephen Minister or if you desire to be trained as a Minister, please contact Pastor Kinndlee @ 714.963.5649, Lorrie Blain @ 949.631.4700 or Deenna Eley @ 714.580.3743.

**KOG Weekly Food Donations:**

The need for weekly food donations to feed the homeless and low-income families in our community continues to grow. The Lutheran Social Services food pantry in Garden Grove has indicated that food donations of any size would be greatly appreciated. Please continue to bring your weekly donations of canned foods, etc. to church on Sunday.

**Grief Loss Groups Available:**

At one time or another, everyone suffers an emotional loss that produces pain, loneliness, fear, depression, anger or all five at once. The death of a spouse; the loss of a child, parent, or loved one; the end of a marriage, a career or your independence; a health issue that changes every part of your life. In moments like these, consolation, empathy and sensitivity are crucial. Grief and Loss Support Groups provide a safe, healing, loving and hope-filled setting where those who are hurting, and ache can share in the presence of people who listen, understand and who genuinely care. You **must** be registered prior to attending. **You may register and join at any time.**

To register: call Maxine Abbott at 714.534.6450 or email: mabbott@LSSCommunityCare.org

Location: Redeemer Lutheran Church, 13564 St. Andrews Drive, Seal Beach

Time: 1:00 pm-3:00 pm Fridays, with time for individual help

Cost: \$10 per session; \$60 for 8 sessions (10-12 people per group)

**Thrivent Action Team Bulletin Board:**

We would like to leverage Thrivent Financial Action Team dollars by matching up the needs of our congregation and our community with the passion of our KOG Members (and especially those who are Thrivent Members). Check out the Action Team Match-Up Board currently in the Narthex.

We would also love to know how Action Team dollars are spent and what ministries they support, both within King of Glory and within our greater community. We are asking that those who participate in Thrivent Action Teams self-report to the church office. We would be glad to keep your name confidential if that is your choice. We would love to hear about the projects supported by our King of Glory members with the help of Thrivent's generosity.

If you have any questions, please contact Karen Wallace or Catherine Fullerton.

**King of Glory Recycles:**

**Used Ink Cartridges and Eyeglasses!** Place them in the Welcome Place.

## ***Other Upcoming Events...***

**All Are Welcome Covenant Group—August 3:**

The 'All Are Welcome Covenant Group' will be meeting on Friday, August 3rd at 7 pm in Big Ed with the final session of our study of *Animate Faith – Practices*. Dessert will be provided. Please come for this final study to be taught by Jeanne Steinebrunner. Future sessions will be discussed. You may contact Charlyn Travers or Jeanne Steinebrunner with any questions.

**Guest Preacher-August 5<sup>th</sup>:** Author/Pastor, Rev. Ruth Hetland, coming to King of Glory!

Sunday, Aug. 5, Rev. Hetland will be joining us at both worship services and teaching an adult education class from 9:30-10:20 am between services based on her new book:

*Writing with a View of the Graveyard. Loss, Life, and Unruly Grace.* Ruth E. Hetland, a parish pastor for two decades in rural and urban churches, writes about faith, family, and spiritual community in this heartfelt and sometimes heartbreaking journey through the church year. This beautiful book of grace-filled devotions, accompanying scripture, prayers, and vibrant photographs of serene country churches in Minnesota, North Dakota, Texas, and Norway is rich with humanness, honesty, and loving detail. It is a meditation on the chaos of grief, the wonderful mess of being alive, and the mystery of God's presence and provision

through all our seasons. Whether you savor it in small doses or devour it in one sitting, here you will find a feast and nourishment for your spirit.

**Facility Task Force Meeting—August 7:**

The Facility Task Force meets on the Tuesday before Property Work Day at 7 pm in the Conference Room. This task force is charged with the oversight of projects, major repairs, and equipment replacement on our KOG campus. The task force is always looking for new partners in this ministry. If you are interested, please join us!

**Property Work Day—August 11:**

The start time is 8:30 am, and things wrap up around noon. We meet in Little Ed for donuts, coffee and work assignments. We are hopeful our younger members will take time to join us once a month as we continue to keep our facility prepared for both worship and community group meetings held for people of all ages.

**“Elvis Night”—August 11:**

Our Redeemer Lutheran, Garden Grove, Saturday, August 11. Suggested Donation: \$10  
4:00p.m. Elvis Impersonator Show  
5:00p.m. Hawaiian theme dinner  
5:30p.m. Movie and sing-a-long: Blue Hawaii

**Single Sisters in Christ Covenant Group—August 12:**

SSiCC will be meeting in Big Ed after second service on August 12. Discussion will be on Chapter 6 in Max Lucado's book *He Still Moves Stones*. Bring your own lunch and join in the discussion. New members always welcome.

**“The King’s Kitchen” Community Meals Outreach—August 16 and 30:**

5:30 pm – 7 pm. Volunteers are needed, so please consider lending a hand, whether it's helping to prepare a meal, shopping, serving, greeting, cleaning up, or being a table host chatting with our guests.

**Office Closure August 20th-August 24th:** The office will be closed on these dates in order to dedicate time to internal organization and housekeeping. Please note this as we will not be answering phones, emails and the door will be locked. If you have an emergency or issue that cannot wait until the following week, please call Pastor on her cell:

773.633.8833. All regularly scheduled campus groups and meetings will take place as usual.

**Newsletter Deadline—August 24:**

The deadline to submit articles for the September newsletter is Friday, August 24. Please be sure to send your articles regarding ministry events to [newsletter@kogchurch.org](mailto:newsletter@kogchurch.org) or drop them by the church office.

**“God’s Work, Our Hands”—September 9:**

SAVE THE DATE.... Sunday, September 9th, ELCA's "God's Work, Our Hands" community service projects. Let's plan on having great participation so our congregation's outreach will touch many of our neighbors with needs. More to come! Help in the planning. Contact Karla Bjorklund, Outreach Liaison at [uccolor2@gmail.com](mailto:uccolor2@gmail.com) or thru the church office. Be Blessed to be a Blessing.

**Saved by Grace Covenant—September 22:**

Saved by Grace Covenant will be on hiatus for July and August, and will meet again on Saturday, September 22, at 6 p.m. at the home of the Gees (please note DATE CHANGE). We will start the evening with our potluck dinner (please bring a dish to share), followed by our continuing study of John MacArthur's *Revelation, The Christian's Ultimate Victory*.

Have a blessed month of August!

*Heather Justine Stolte*

[Office.manager@kogchurch.org](mailto:Office.manager@kogchurch.org)

# August Birthdays...

Betty Jacobsen	1
Barbara Shaffer	6
Allen Tyson	6
Emilie DeRitter	6
Bea Rea	7
Teresa Bandurian	9
Chuck Balo	12
Nikki Busch	12
Victoria Bise	14
Edward Buerk	15
Alan Marcum	15
Pat Seaberg	16

Alissa de Koning	16
Wayne Schleicher	19
Dan Hytrek	21
Ryan Bise	21
Tom Rasmussen	23
Steve Chakos	25
Paul Wallace	26
Angela Jaeger	27
Richard Martyn	28
Darryl Nance	28
Judy Persons	29
Jeanne Steinebrunner	31

*Happy Birthday!!*

## ...and Anniversaries

Jeff and Michele Elvander 20 years on August 01
John and Christy Borack 22 years on August 04
Don and Tish Johnson 37 years on August 09
Donald Beane and Lisa Delany 10 years on August 09
Ned and Darlene Gould 58 years on August 12
Lisa and Todd McCrory 16 years on August 17

Richard and Vicki Bandurian 30 years on August 20
Roger and Judy Doty 31 years on August 22
Joy and Erik Myers 22 years on August 25
Cynthia and Doug Thornburg 40 years on August 26
Rod and Alene Patterson 58 years on August 27

*Happy Anniversary*

If we have missed your August birthday (25 years or more) or anniversary, please contact the church office.